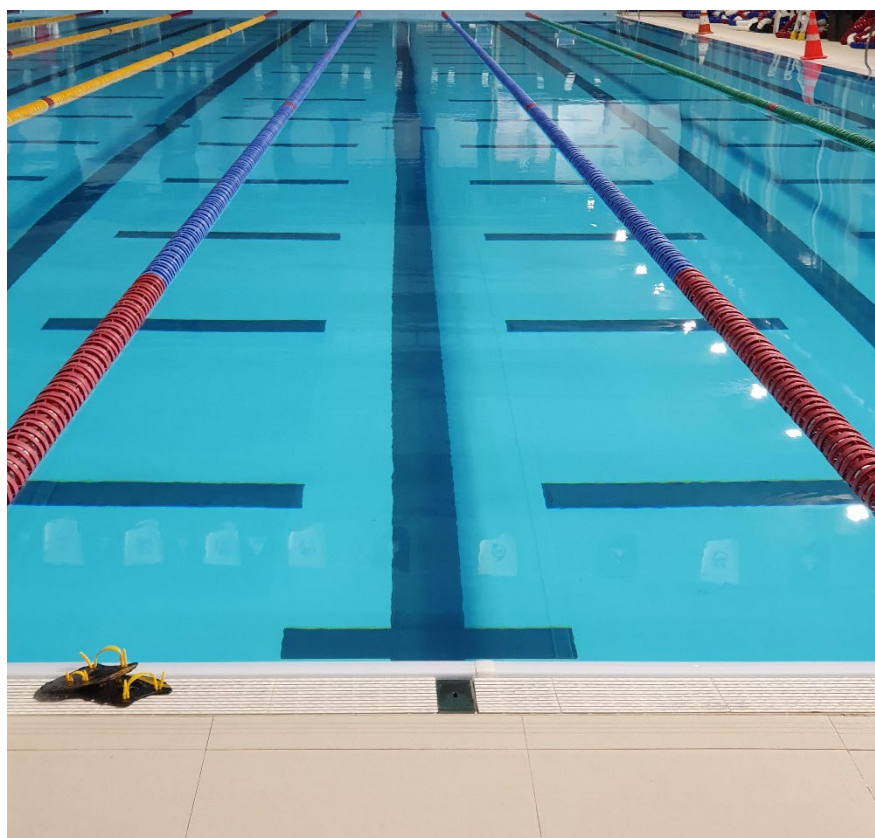


When to go to Rapidswim

When not to go to Rapidswim



Book 1



Easy Read English Guide

When going to a Rapids swim lesson there are things you need to know.

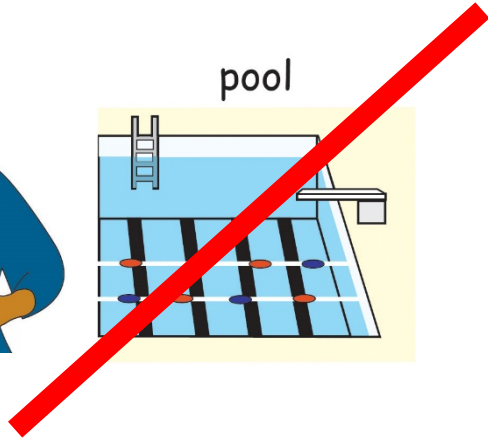
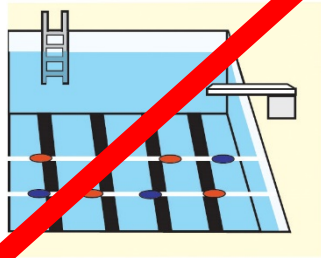
This book talks about:

- When not to go to Rapids swim
 - Who to tell.

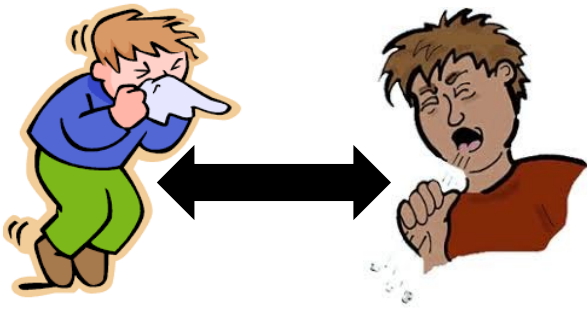
sick



pool



You must **not** go to a Rapidswim lesson when you feel sick.



If you go when sick you can make other people sick.

home



fever

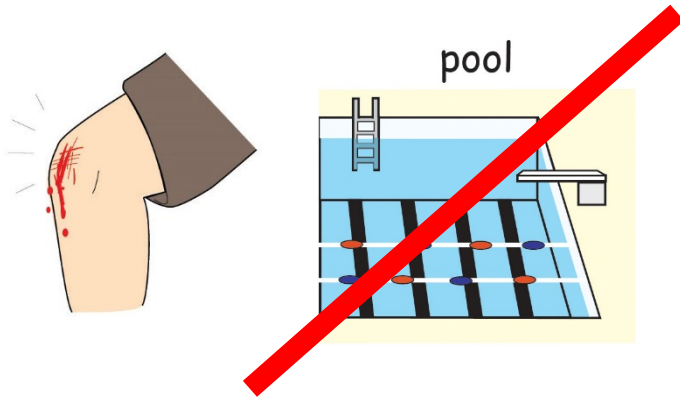


stomach ache

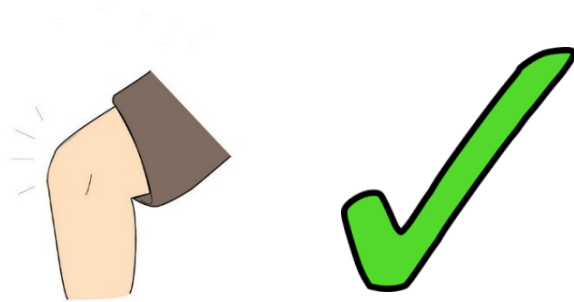


Stay home if you have:

- stomach pain
- runny nose
- fever
- cough
- muscle pain.

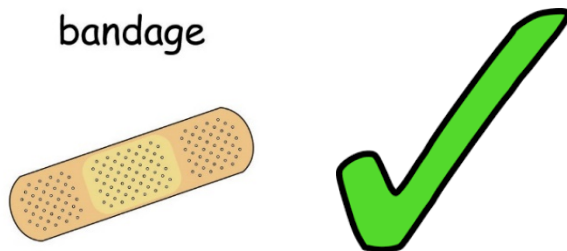


If you have a big cut or wound **do not** go to Rapids swim.

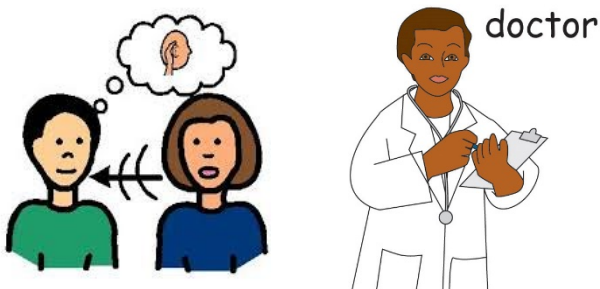


You **can** go to Rapids swim when the wound is gone

Or



The cut is covered by a bandage.



If a doctor says not to go swimming you must listen.

worker



If you **can not** go to your lesson let the Rapidswim office workers know.

phone



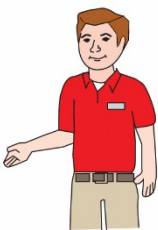
laptop computer



You can:

- call the Rapidswim office
- email the Rapidswim office.

worker

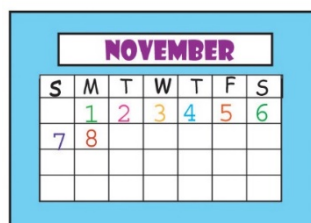


You **must** let Rapidswim office workers know.

tell



calendar



Tell the Rapidswim office which day you **can not** go to Rapidswim.

An Inclusive Sport SA & Rapidswim Resource



Phone: 08 8122 6730

Email: rapidswim@inclusivesportsa.com.au

www.inclusivesportsa.com.au/rapid-swim/