## E-News December 2018

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## Inclusion & Diversity e-News | Dec 2018

Happy holidays from the team at Inclusive Sport SA.

What a year it has been for our organisation, our members and, as a whole, a good year for sport and recreation in South Australia. The last 12 months have been both challenging and exciting and as an organisation we are stronger than ever, thanks to the commitment of the entire team. We have written a 'wrap up' of 2018 and I hope you will take a minute to read through (maybe after Christmas lunch when we will all be wishing we had said 'no' to that extra piece of pudding!). Click HERE to have a read or click on the link below.

Thank you for your support and as we head into a new year, I would like to take this opportunity to thank all of our members, partners and stakeholders for your support throughout 2018 and wish you all a safe and happy festive season.

See you in 2019....
John Cranwell





## ositive Behaviour Support Introduction ession

Come along and hear some positive behaviour support strategies and how to set up your home environment to support behaviour change. Walk away with a visual schedule ready to use at home.

When: Friday 25 January 2019

Where: Inclusive Sport SA, 1a Meyer St (Aldi Arena), Torrensville, SA 5031

Time: 9.30am - 12pm

Cost: \$40

For more information on the session and to book your spot click <u>HERE</u>.



## Christmas Closure

The Inclusive Sport SA offices will be closed from Thursday 20 December and reopen on Wednesday 2 January.

The Board and staff would like to wish all everyone a happy and safe holiday season.

We look forward to seeing you all again in 2019!



Summer is here and SA Health have shared this helpful reminder on staying healthy in the hot weather.

Make sure to drink water, stay cool, avoid going out in hot weather when possible and look out for family, friends and neighbours (especially the elderly).

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