

Staying Safe at Rapids Swim



Book 2



Easy Read English Guide

At Rapidswim lessons there are things you need to know.

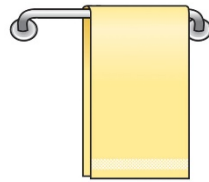
This book talks about:

- What to bring to your lesson
 - Being safe at the pool
- What happens when it is hot.

swimming costume



towel



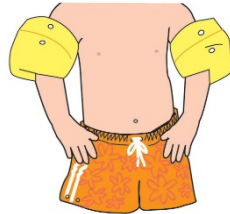
When going to Rapidswim lessons bring:

- Bathers
- Towel.

swimming goggles



floaties

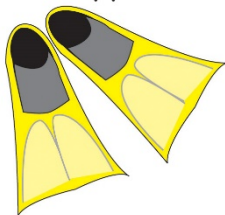


At Rapidswim lessons you can bring other items too.

You can bring:

- goggles
- life jackets or water floaties
- flippers or fins.

flippers



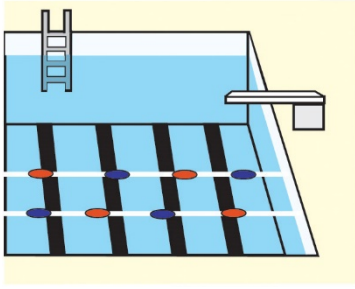
you



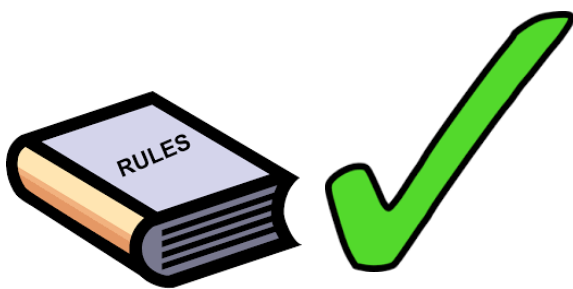
Only bring these if you want to.

You bring these if you want to. Rapidswim does **not** give these to you.

pool



When using a Rapidswim pool you must stay safe.



Do follow the pool rules.

Listen to the pool staff.

Listen to Rapidswim staff at all times.

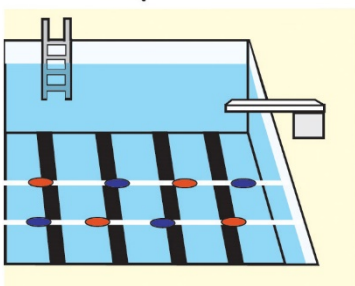
children



parents



pool



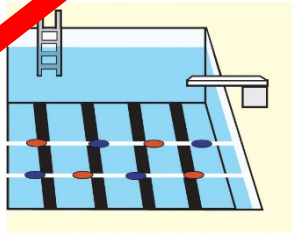
At Rapidswim lessons people must have an adult with them. An adult is a person over **18** years old.

The adult must stay at the pool for the Rapidswim lesson.

run



pool

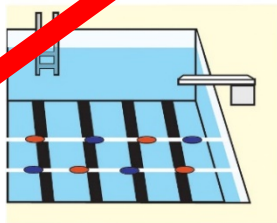


At the pool you must stay safe. **Do not** run at the pool.

play



pool



Do not play next to the pool.

video camera



camera



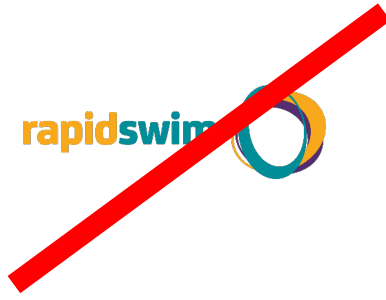
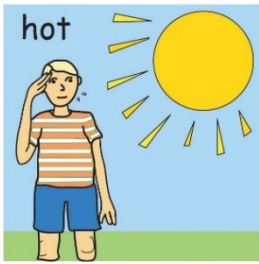
Do not use cameras at the pool. **Do not** use cameras on your phone at the pool.



camera

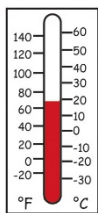


Do not use cameras in the changing rooms. **Do not** use cameras on your phone in the changing rooms.



Rapidswim **does not** happen when it is too hot.

temperature



Rapidswim lessons **do not** happen if:

- The temperature will be **38** degrees on that day.
- The temperature will be **over 38** degrees that day.



worker



When lessons are cancelled the Rapidswim workers will let you know.

phone



Rapidswim workers will send you a text message.

They will send it in the morning before your lesson.

An Inclusive Sport SA & Rapidswim Resource



Phone: 08 8122 6730

Email: rapidswim@inclusivesportsa.com.au

www.inclusivesportsa.com.au/rapid-swim/